

MRN: _____

Date form is due: _____



**Psychiatric Diagnosis
Commercial Driver Medical Clearance**

The driver below has presented to our office for medical clearance to drive a commercial motor vehicle as required by the US Department of Transportation. Medical clearance includes authorization to carry passengers, and carry hazardous or non-hazardous freight. During the exam, the driver identified psychiatric symptoms or use of medication for a psychiatric condition. Please read the guidance statement on the back of this letter before signing the statement below.

Patient consent for release of Medical Information

I, _____ hereby authorize the release of psychiatric medical records and reports to Lancaster General Health Occupational Medicine.

Patient Signature _____ Date _____

Date of Birth: _____

Statement of Treating Physician

After careful review of the Federal Motor Carrier Safety Regulations Advisory Criteria, I certify that _____ has no mental, organic, or functional disease or psychiatric disorder likely to interfere with this individual's ability to drive a commercial motor vehicle safely.

Please list medications and dosages prescribed:

Signature _____ Date _____

Print Physician Name: _____

Office Address _____

Telephone number where this statement can be verified:
(_____) _____ - _____

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49 CFR 391.41 Physical Qualifications for Drivers Federal Motor Carrier Safety Regulations Advisory Criteria

Mental Disorders

391.41 (b)(9)

A person is physically qualified to drive a commercial motor vehicle if that person has no mental, nervous, organic, or functional disease or psychiatric disorder likely to interfere with the driver's ability to drive a commercial motor vehicle safely. Emotional or adjustment problems contribute directly to an individual's level of memory, reasoning, attention, and judgment. These problems often underlie physical disorders. A variety of functional disorders can cause drowsiness, dizziness, confusion, weakness, or paralysis that may lead to incoordination, inattention, loss of functional control and susceptibility to accidents while driving. Physical fatigue, headache, impaired coordination, recurring physical ailments, and chronic "nagging" pain may be present to such a degree that certification for commercial driving is inadvisable.

Somatic and psychosomatic complaints should be thoroughly examined when determining an individual's overall fitness to drive. Disorders of a periodically incapacitating nature, even in the early stages of development, may warrant disqualification. Many bus and truck drivers have documented that "nervous troubles" related to neurotic, personality, emotional, or adjustment problems are responsible for a significant fraction of their preventable accidents. The degree to which an individual is able to appreciate, evaluate, and adequately respond to environmental strain and emotional stress is critical when assessing an individual's mental alertness and flexibility to cope with the stresses of commercial motor vehicle driving.

When examining the driver, it should be kept in mind that individuals who live under chronic emotional upsets may have deeply ingrained maladaptive or erratic behavioral patterns. Excessively antagonistic, instinctive, impulsive, openly aggressive, paranoid, or severely depressed behavior greatly interfere with the driver's ability to drive safely. Those individuals who are highly susceptible to frequent states of emotional instability (schizophrenia, affective psychoses, paranoia, anxiety, or depressive neurosis) may warrant disqualification. Careful consideration should be given to the side effects and interactions of medications in the overall qualification determination.

Occupational Medicine

2110 Harrisburg Pike, Ste. 21 | PO Box 3200 | Lancaster, PA 17604-3200 | Phone (717) 544-3155
Secure Fax (717) 544-3167 | www.LancasterGeneralHealth.org/occmed