

# Eliance Health Solutions<sup>SM</sup>

Powered by Penn Medicine

## WELLNESS PREFERRED PARTNERS

We recognize that you want options that appeal to your unique desires and goals in your wellness journey.

The businesses listed below offer discounts to employees and families who have a Member ID card with the Eliance Health Solutions logo.

### Anytime Fitness

Cleona, Lebanon, Palmyra locations only  
[anytimefitness.com](http://anytimefitness.com)

50% off enrollment and security  
\$10 off 1 & 2 yr memberships  
\$158 off 6/mo. if paid in full

### Club Pilates

1567 Fruitville Pike Ste 3, Lancaster, PA 17601  
[clubpilates.com](http://clubpilates.com)

8 classes: \$143  
Unlimited \$179

### CrossFit York

345 W. Market St, York, PA 17401  
[crossfityork.com](http://crossfityork.com)

\$100/month  
\$300 personal training and nutrition package

### DS Training

1595 S. Mt. Joy St. Elizabethtown, PA 17022  
[mydstraining.com](http://mydstraining.com)

10% discount

### Elizabethtown Fitness Center

626 S. Market St. Elizabethtown, PA 17022  
[etownfitnessclub.com](http://etownfitnessclub.com)

Processing fee waived  
10% off indoor golf

## Elizabethtown Kung Fu Studio

160 S. Poplar St, Elizabethtown, PA 17022  
[etownkungfu.com](http://etownkungfu.com)

Kung Fu: \$129/mo., Tai Chi: \$40/mo.,  
Modern Arnis: \$40/mo., Hatha Yoga: \$8/class

## Ephrata Recreation Center

130 S Academy Dr, Ephrata, PA 17522  
[ephratarec.com](http://ephratarec.com)

No start-up fee

## Figure Firm Spa

1400 Elm Avenue, Lancaster, PA 17603  
[figurefirmfitness.com](http://figurefirmfitness.com)

\$35/mo. Paid Annually  
\$45/mo. Paid Monthly

## Formula Fitness

2495 Lincoln Highway E, Lancaster, PA 17602  
[goformulafitness.com](http://goformulafitness.com)

\$13./mo. Membership

## Lititz Recreation Center

301 Maple Street, Lititz, PA 17543  
[lititzrec.com](http://lititzrec.com)

10% off one year memberships

## Orange Theory

Lancaster/Columbia locations  
[orangetheoryfitness.com](http://orangetheoryfitness.com)

Elite Member \$99  
Premier (unlimited) \$159

## Planet Fitness

1786A Columbia Ave., Columbia, PA 17512  
[planetfitness.com](http://planetfitness.com)

No annual fee

## Power Train Sports and Fitness

All PA Locations  
[powertrainsports.com](http://powertrainsports.com)

4 sessions: \$49. 5% off any package.  
Website for LGH employees

## PV Fit

1785 Loucks Road, York, PA 17408  
[pleasantviewcommunities.org](http://pleasantviewcommunities.org)

\$10 discount  
Gym for adults 30+



## Spooky Nook Sports

75 Champ Blvd, Manheim, PA 17545  
[spookynooksports.com](http://spookynooksports.com)

35% off of Fitness Combo and  
Climbing membership

## The Athletic Club of York

1785 Loucks Road, York, PA 17408  
[theathleticclubofyork.com](http://theathleticclubofyork.com)

50% off initiation fee  
Discount on VIP membership

## The Your Life Gym

2301 Harrisburg Pike, Lancaster, PA 17601  
[theyourlifegym.com](http://theyourlifegym.com)

5% discount on gold and elite packages  
Discounts on personal training

## Tread House

28 Penn Square Suite 160, Lancaster, PA 17603  
[treadhouse717.com](http://treadhouse717.com)

Unlimited: \$128/mo.  
3x/week: \$118/mo.  
2x/week: \$98/mo.  
1x/week: \$58

## YMCA

All US Locations  
[rosesymca.org](http://rosesymca.org)

15% Discount Nationwide



### Connect Your Center

If your fitness center is not on this list and they express interest in joining the Eliance Preferred Partners List, they can contact us directly at:  
[LGHealthWellness@PennMedicine.upenn.edu](mailto:LGHealthWellness@PennMedicine.upenn.edu)