

Eliance Health SolutionsSM

Powered by Penn Medicine

WELLNESS PREFERRED PARTNERS

We recognize that you want options that appeal to your unique desires and goals in your wellness journey.

The businesses listed below offer discounts to employees and families who have a Member ID card with the Eliance Health Solutions logo.

Anytime Fitness

Cleona, Lebanon, Palmyra locations only
anytimefitness.com

50% off enrollment and security
\$10 off 1 & 2 yr memberships
\$158 off 6/mo. if paid in full

Club Pilates

1567 Fruitville Pike Ste 3, Lancaster, PA 17601
clubpilates.com

8 classes: \$143
Unlimited \$179

CrossFit York

345 W. Market St, York, PA 17401
crossfityork.com

\$100/month
\$300 personal training and nutrition package

DS Training

1595 S. Mt. Joy St. Elizabethtown, PA 17022
mydstraining.com

10% discount

Elizabethtown Fitness Center

626 S. Market St. Elizabethtown, PA 17022
etownfitnessclub.com

Processing fee waived
10% off indoor golf

Elizabethtown Kung Fu Studio

160 S. Poplar St, Elizabethtown, PA 17022
etownkungfu.com

Kung Fu: \$129/mo., Tai Chi: \$40/mo.,
Modern Arnis: \$40/mo., Hatha Yoga: \$8/class

Ephrata Recreation Center

130 S Academy Dr, Ephrata, PA 17522
ephratarec.com

No start-up fee

Figure Firm Spa

1400 Elm Avenue, Lancaster, PA 17603
figurefirmfitness.com

\$35/mo. Paid Annually
\$45/mo. Paid Monthly

Formula Fitness

2495 Lincoln Highway E, Lancaster, PA 17602
goformulafitness.com

\$13./mo. Membership

Lititz Recreation Center

301 Maple Street, Lititz, PA 17543
lititzrec.com

10% off one year memberships

Planet Fitness

1786A Columbia Ave., Columbia, PA 17512
planetfitness.com

No annual fee

Power Train Sports and Fitness

All PA Locations
powertrainsports.com

4 sessions: \$49. 5% off any package.
Website for LGH employees

PV Fit

1785 Loucks Road, York, PA 17408
pleasantviewcommunities.org

\$10 discount
Gym for adults 30+



Spooky Nook Sports

75 Champ Blvd, Manheim, PA 17545
spookynooksports.com

35% off of Fitness Combo and
Climbing membership

The Athletic Club of York

1785 Loucks Road, York, PA 17408
theathleticclubofyork.com

50% off initiation fee
Discount on VIP membership

The Your Life Gym

2301 Harrisburg Pike, Lancaster, PA 17601
theyourlifegym.com

5% discount on gold and elite packages
Discounts on personal training

Tread House

28 Penn Square Suite 160, Lancaster, PA 17603
treadhouse717.com

Unlimited: \$128/mo.
3x/week: \$118/mo.
2x/week: \$98/mo.
1x/week: \$58

YMCA

All US Locations
rosesymca.org

15% Discount Nationwide



Connect Your Center

If your fitness center is not on this list and they express interest in joining the Eliance Preferred Partners List, they can contact us directly at:
LGHealthWellness@PennMedicine.upenn.edu